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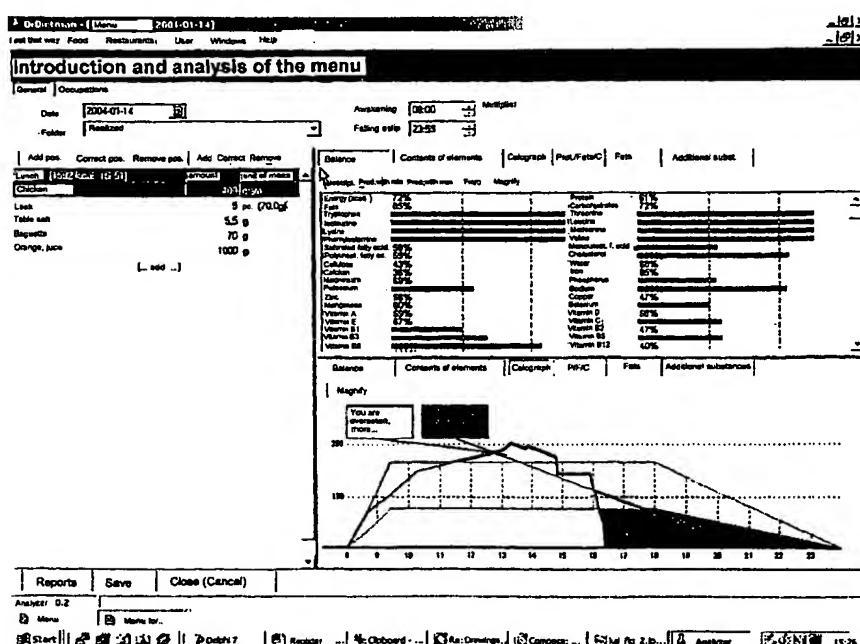
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(54) Title: A METHOD FOR MANAGING DIETARY HABITS AND A SYSTEM AND COMPUTER PROGRAM THEREFOR



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(57) Abstract: The invention relates to a method of managing dietary habits, a device and computer program therefor. The invention enables to develop the healthy and reasonable nutrition habits, and in particular - supplying the energy to the human organism in consumed products in quantities corresponding to the actual energy requirement of the user within minimum limitations and inconveniences which are related to the change of the diet.